**Laser Hair Removal…Myths and Facts!**  
**Laser…Longer lasting, Advantageous, Safer, Economical, Reliable.**

Shaving, Tweezing, Waxing…Too painful and hectic, right? So, go ahead and get your **hair removed** by **Laser Hair Removal**. It is a medical procedure, and as the name suggests, it uses the laser (a concentrated beam of light) to remove hair. The beam produces heat damaging the **hair follicles** (sacs in the skin that causes the hair growth) and hence inhibiting or delaying the future hair growth. Its effectiveness though depends on the hair and body complexions, but they can be **effectively** performed on all body types.

Since in the absence of **facts**, **myths** rushes in…

So let us untangle few myths and extend the way for the facts!

**Myth-1: Safety** in Laser hair removal has been proven to be absent.

**Fact-1:** TheSafety in the process depends solely on the type of the system used. The **FDA (Food and Drug Administration)** has approved few systems of Laser hair removal. And hence, our safety depends on our choice of the selected **dermatologist** and complete knowledge on which Laser system should be preferred for safer hair removals. So invest in safer systems and avoid problems caused during and after the hair removal treatment.

**Myth-2:** Laser hair removal treatments cause **burns** and are too **painful**.

**Fact-2:** Burns from this is very rare and even if happens, it is temporary. Burns may be there but only in **dark skin** and for a fewer time periods. Pain caused by laser hair removal could just be like a **pinprick** and not an unbearable pain like waxing or tweezing. There may be slight discomfort during the procedure, but not much pain is caused by it.

**Myth-3:** Laser hair removal treatment cannot be carried out in **summers**.

**Fact-3:** Season and time of the year do not decide when to go with the hair removal treatment and when not. It’s just that the dark tan can cause an effect to the laser’s ability to target the hair follicles but as the newer systems are coming in use, it had been quite easy to carry out the procedure on skin with any complexion and darkness. On **dark tanned skin**, though the dermatologist might not be able to set a stronger laser setting, so **few extra treatments** might be carried out alongside.

**Myth-4:** Once you go through a laser hair removal treatment, your body hair is gone **permanently**.

**Fact-4:** During the removal procedure, you have to undergo **6-10 weeks** of the treatment to destroy the hair follicles at their growth stage which is **Anagen**. A total of **6 to 8 sessions** will be accomplished for the desired results.

**Myth-5:** Laser hair removal causes an **exposure** to the **radiations**.

**Fact-5:** Again, the removal systems with FDA approvals do not emit any radiation. Radiations exist only between the laser’s **light barriers** and their exit from that space is not possible. Hence, these are harmless for the patients.

Now, with a fair knowledge of the removal procedure, enjoy **smooth and silky skin with LASER**...